



Dear Parents and Carers

3rd May 2024

The 5K Fun Run is back!!!!

Express Yourself and Wear Yellow 2024!!

Firstly, we would just like to thank all pupils and parents / carers for their participation, contribution, and support with the 2023 Fun Run. It was a **HUGE Success!** We managed to raise a **whopping £11,000** and were not only able to donate £2,000 to Julia's House and £3000 to the Azaylia Foundation, but we were also able to fund a wide variety of opportunities and events across the school in Creative Arts, Sport and Music.

This year we are aiming bigger and better and now we have not only decided to raise money for our Creative Arts, Sport and Music department here at BMS and supporting **TWO charities**, but we have been donated two magnificent **PRIZES!!!**

A signed Manchester City shirt and Signed Newcastle FC shirt

There will be one shirt allocated to each key stage and awarded to the child who raises the most money.

We will also have some other fabulous prizes to give out to pupils.

'A give it a go award'

'First, second and third place awards'

'Class awards for the most raised'

'Year group award for the most raised'

Our chosen charities

We are again going to support our local charity, **Julia's House**, but this year we are also supporting a charity close to the school's heart – **The Yolanda Moore Foundation**.

The Yolanda Moore Foundation was set up in memory of Rhonda Moore's (CEO of Castleman Academy Trust) daughter after she was tragically killed in a hit and run accident.

Inspired by the life and aspirations of Yolanda Moore, the charity has committed to helping disadvantaged, ambitious young people reach their goals. They provide practical and financial help, through grants and mentoring, to help 15 – 24 year olds pursue their passions and take their next big steps with their personal and professional development.

Please take a look at the website using the following link: www.tymf.co.uk

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www.bmsweb.co.uk





By doing this event, it will enable us to be able to continue to offer our extra-curricular activities, trips and events across the school, support with resources and equipment and support our chosen charities with a contribution of the proceeds.

In order to do this, Miss Curtis and the PE Team would like all pupils take part in this sponsored 5k Fun Run on:

Tuesday 21st May 2024.

On the day pupils will be given a time slot to do their run and can either jog or run to music whilst they follow the flags around the course.

Pupils will have the opportunity to choose which run they would like to do. The options are:

1.5K, 3K and 5K (all pupils have already achieved a 1.5K in PE lessons)

We are also delighted to announce that we have Rhonda Moore attending the event and we would love all the pupils to show their support for the **WEAR YELLOW** campaign and wear a symbol of **YELLOW** on the day to represent Yolanda's favourite flower – a sunflower.

This can be things like shoe laces, a wrist band, ribbon, t-shirt, costume etc.

What to remember for the day:

- It's important to wear the correct footwear
- Have plenty of water to drink
- Wear comfortable clothing. They can also wear something FUN!! (colourful / costume – that they can run in)
- Don't forget your symbol of yellow.
- Pupils will also be able to listen to music, which we will be playing on the field.
- The sponsorship form and sponsorship money. **Sponsorship forms and money should be brought in a sealed envelope to school with your child's name and class on the day of the run.**
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What to prepare before the day:

- Prepare what they will wear - wear something yellow, something fun to dress up in or something colourful - but mainly something sporty which they can run in.
- Before the event they could do some training to prepare themselves physically e.g. interval training. An average running time for the 5k is approximately 25 minutes (please don't worry if your child can't achieve a time like this – it all about taking part, but for the more competitive runners they may like to challenge to beat this time.)
- Prepare the sponsorship form and money raised.

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